

Rice Pre-Medical Society

Spring Semester 2021 Newsletter



Inspired by your continued support and enthusiastic commitment to medicine, the RPMS team has continued to provide resources and opportunities to equip the members of our pre-medical community in your journey toward medicine.

Limited in-person events didn't stop us from engaging with our community and our fellow pre-meds, and we wanted to highlight some of the events and resources that our members contributed to over the past six months.

It has been a fantastic journey working with all of you. We look forward to returning in the fall to continue our mission of innovating events and building resources to serve Rice's pre-medical community.

Medical School Interview Workshop

RPMS PRESENTS

MOCK MED SCHOOL INTERVIEW WORKSHOP

A lot of planning, preparation, and practice go into medical school interviews! Dr. Samir Desai, who has for many years helped pre-meds prepare for interviews (and who has written two books on the subject!), coached us through mastering everything from the typical questions to MMI scenarios.

Texas Medical School Panel

We invited a panel of **Texas medical students** to share their experiences and describe the culture at their respective Texas medical schools. The event was primarily directed at **2021 TMDSAS Applicants**, to help them gain some insight before ranking their school preferences.



Medical Speakers Conference

the 8th annual medical speakers' conference

Pandemics and Public Health: An Analysis of COVID-19



Despite the winter storms, we faced earlier this semester, we continued our medical speaker conference tradition for the 8th year: 2021 Medical Speakers Conference, Pandemics and Public Health: An Analysis of COVID-19. We were honored to host Dr. Hoda Badr, Dr. Andrew Childress, and Greg Millett in their discussion of how the pandemic has brought public attention to healthcare.

Mock Med School Interviews

Every year, RPMS invites dozens of physicians who generously give their time to interview upperclassmen preparing for their interviews. The physicians walk through the interview process and who give advice to students applying the next cycle. This year, over 100 students joined us across four days to participate in 30-minute mock interviews.



Mock MMI Event



This was our first year running a mock Multiple Mini Interviews (MMI) event! Students were exposed to the difficult questions and scenarios, as well as to the basic format of a virtual MMI event. They had the opportunity to practice answering and engaging with these "mini-interviews" with fellow students and med students. The event was sponsored by MedSchoolCoach's Dr. Katzen, who presented about MMI skills before the interviews began.

Personal Statement Workshop

Every year, **Dr. Elizabeth Festa** presents every year about mastering the personal statement. She shared advice and tips about the months of **work and planning** that go into a well-crafted personal statement and presented it as a chance to chart their journey toward medicine.

Crafting an effective personal statement

Rice Pre-Medical Society



Burnout in Pathway to Medicine

Big Owl Little Owl (BOP!) Events



RICE UNIVERSITY PRE-MEDICAL SOCIET BOPMENTORSHIP

This panel explored burnout and mental health in the medical and pre-medical communities. Panelists including Rice pre-med students, medical students, and physicians joined us for an open conversation on the shared experience of burnout in medicine, with encouragements and advice for avoiding and overcoming burnout in future medical endeavors.

Continuing from last semester, BOP coordinated multiple events providing students the opportunity to learn more about medicine directly from medical students, residents, and physicians from various fields. Additionally, they continued hosting a mentorship program which connected Rice pre-meds to medical student mentors.

Medical Workshops



These Medical Workshops provide students with educational articles, guides, and videos, with the goal of providing students more information about the medical field overall, as well as for specific fields of study and research.

Email us at rpms@rice.edu to join the RPMS Members Drive to access these resources!

MCAT Panel

The MCAT is a crucial step in the premedical journey, so we organized a panel of seniors and recent Rice grads. The panelists joined us to share their tips and tricks for mastering MCAT prep and building an actionable, practical, achievable plan. They also provided personal insight into the challenges to expect, and pertinent details and advice for registration and test day.



Medical School Admissions Panel

MEDICAL SCHOOL ADMISSIONS PANEL



For our last event of the year, we assembled a panel to address applications holistically. We heard general details as well as insider tips about the current medical school admissions process during COVID-19 from Admissions Committee Members from UT Southwestern, UT Austin (Dell), Texas A&M, and Baylor.

Other Important Resources to Check Out!

- Check out the RPMS website for more information and resources: https://ricepremedsociety.wixsite.com/ricepremedsociety
- Email us at <u>rpms@rice.edu</u> to get added to the RPMS Members Drive
- BOP Summer 2021 **Shadowing Program** (limited spots, see listserv)
- Search opportunities using the Research Database: bit.ly/rice-research
- Check out our Pre-Med Guide: https://tinyurl.com/pzc5j8d2
- Find volunteering opportunities: https://tinyurl.com/fdx48ukj